

FELICITA - natural antidepressant of new generation

	❖ Healing and prophylactic preparations ❖ Felicita
	Vendor code: 60530
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Description	
Natural antidepressant of new generation Felicita has beneficial effects on the cardiovascular and nervous systems. Its action is due to its constituent amino acids; extracts of clove buds, herbs, basil and cinnamon; vitamins B; folic acid and calcium pantothenate, which play an important role in maintaining the normal functioning of the immune system. Biological complex Felicita helps accelerate occurring chemical reactions in the body, optimizing thought processes, support energy metabolism and vascular tone. Felicita's influence on mental activity consists in taking a strong emotional stress caused by frequent stress and excessive physical activity. In the period of acute neuroses helps to alleviate the condition, normalizing the cycle of "sleep-wake", and partly to eliminate disease-related physical symptoms (irregular heartbeat, sweating, etc.).	
Application method	
Adults and children over 14 years: 1 tablet a day during mealtimes. Duration - 4-6 weeks. If necessary, you can repeat. Possible re receptions throughout the year (fall and spring).	
Ingredients	
Magnesium carbonate, caking agent regulating MCC, vitamin premix (containing vitamins C, B1, B6, B12, PP, calcium pantothenate, folic acid, biotin); clove, basil, lecithin, cinnamon, tyrosine, arginine, phenylalanine, 5-hydroxytryptophan, calcium stearate.	
Recommended application:	
• in a period of strong emotional stress,	

- with nervousness, apathy, depression and chronic fatigue,
- with physical and mental stress.

Main components

Magnesium

Magnesium is the part of the nuclei of cells. It plays an important role in the cardiovascular, nervous and muscular systems.

The physiological function of magnesium is due to its participation in a number of important enzymatic processes. Magnesium is a structural component of more than 300 enzymes. It's determines the systemic effects of magnesium on energy processes in all organs and tissues, primarily energy consuming (heart, nervous system, muscles working). Related to this is a wide range of pharmacological activity of drugs of magnesium.

He has a cardioprotective effect (protects the heart), exerting a beneficial effect on heart rhythm disturbances, coronary heart disease, including myocardial infarction, magnesium improves the oxygen supply of the myocardium, limit damage to the area.

At the same time magnesium exhibits a vasodilatory effect and helps reduce blood pressure. Magnesium is the anti-stress macronutrients has a normalizing effect on the nervous system and its senior divisions in the nervous tension, depression, nervousness, helps to maintain cholesterol Colloidal that prevents it deposition on vascular walls.

B Vitamins

Group B vitamins, which include vitamins B1 and B6, folic acid and calcium pantothenate, working together as a team biochemical help accelerate occurring chemical reactions in the body, acting as a catalyst and support energy metabolism in general. The lack of one or more vitamins from group B reduces the immune system's ability to fight infections. Vitamins B1 (thiamin) together, B6 and folic acid support the immune system, they provide a normal condition of the mucous membranes, are involved in the formation of red blood cells and the metabolism of carbohydrates, the most efficient energy source for the organism. B vitamins are commonly used to maintain the normal functioning of the immune and nervous system.

Also Vitamin B1 (thiamine), supports the immune system. Generally, they provide a normal condition of the mucous membranes, are involved in the formation of red blood cells and the metabolism of carbohydrates, the most efficient energy source for the organism. In addition, vitamin B1 (thiamine) optimizes cognitive activity and mental activity. He has a positive effect on energy, growth, normal appetite, ability to learn, it is necessary to maintain the muscle tone of the intestine, stomach and heart.

Vitamin B5 (pantothenic acid) prevents the development of certain forms of anemia.

Vitamin B6 (pyridoxine) has a great impact on physical and mental health. It is required for normal functioning of the nervous system and brain, for the synthesis of nucleic acid, normal cellular growth.

Vitamin PP (nicotinic acid) component of the B-complex, which is crucial for power generation and maintenance of well-being on many levels, especially for heart health and optimal blood circulation. The main biological role of participation in redox reactions,

ensuring normal growth, a favorable effect on lipid metabolism and reduce blood cholesterol.

Vitamin C

Vitamin C is a powerful antioxidant. It also helps in the formation of DNA. It is necessary to reproduce the connective tissue, for better recovery. The process of synthesis of the blood is also supported in this vitamin. Vitamin "C" stabilizes the immune system and helps to create resistance of the organism to various stresses. At deficiency of vitamin "C" decrease efficiency, both mental and physical, lethargy, poor resistance to disease. Deficiency of this vitamin leads to poor sleep, as well as to the sleepy state. Depression, loss of appetite, swollen bleeding gums, sensitivity to cold, rough skin, slow hair growth and slow healing of wounds - all signs of hypovitaminosis "C". This also should be attributed, and premature aging.

Cloves

Burning and spicy aroma of spices makes any dish more appetizing and appealing. However, its beneficial properties are not limited to only flavoring food products, not less widely used, these inflorescences in medicine for the treatment of various diseases. Vitamin composition of carnations are the envy of the most complete multivitamin complex. As part of the dried flower clusters are: beta-carotene, the bulk of B vitamins (B1, B2, B3 or PP, B4, B6, B9), ascorbic acid, tocopherol (vitamin E), and phyloquinone (vitamin K). Minerals are presented macro- and microelements, such as potassium, calcium, sodium, magnesium, phosphorus, iron, manganese, copper, selenium, zinc. Also included clove buds glycosides, tannins, mucus.

Adding clove food beneficial effect on the operation of all organs of the digestive tract, it stimulates the production of digestive juices, increases appetite and normalize digestion. This spice is widely used in the treatment of colitis, intestinal colic, flatulence, diarrhea, diseases of the rectum.

Basil

This fragrant herb valued at all times as the soup greens, and both savory spice for fatty foods, improves digestion. In India, basil is considered a sacred plant. According to tradition, it watered daily, morning and evening, lit the lamp beside him. This ceremony brings luck and protect the family from harm. In many cultures there are traditions and legends, in which basil is referred to as a symbol of happiness and love. In Romania, and to this day there is a romantic custom of accepting a marriage proposal she gives the guy a green sprig of basil.

Traditional healers used it to treat the common cold, coughs, colds, indigestion, skin irritations, headaches. However, this useful properties of basil are not limited to: dried herbs, ground to a powder sniff recommended for migraines, and fresh herbs added to various dishes to incite passion.

The basil leaves contain a lot of tannins and minerals, essential oils, saponins, glycosides. They are also rich in vitamins A, P, B2, C, rutin, volatile, carotene, simple sugars, vegetable fats. In the Basilica of many of the essential oil (up 1.5%), which also gives it a spicy flavor. It is full of fragrant volatile substances - linaloolom, eugenol, camphor meilhavinolom and

stimulating the heart.
Form release:
30 tablets of 0.71g.
Production
Scientific and Production Center of Revitalization and Health St. Petersburg University of Bioregulation and Gerontology