

FEMALIN - for the normalization of the female body functions

	❖ Healing and prophylactic preparations ❖ Femalin
	Vendor code: 60531
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Description	
Femalin normalizes the function of the female body. It helps to solve the problem of hormonal, sexual and psychosomatic wing, as well as the implementation of themselves as women at any age.	
Directions	
1 capsule daily with a meal, duration 1 month. Possible re-admission within year.	
Ingredients	
L-arginine, gelatine, an extract of Dioscorea(wild yam) (Lot. Dioscorea nipponica Extract), MCC, Muira puama extract (Lot. Ptyhopetalum olacoides extract), yohimbe bark extract (Lot. Yohimbe Bark extract), resveratrol (Lot. Resveratrol), stearate calcium, food coloring (E171)	
Recommended application:	
• normalizes the genitourinary system- Increases libido, • normalizes the menstrual cycle, • facilitates the menopause, • reduces pelvic, lumbar pain during menstruation, • it enhances the sensitivity of the genital tract, • helps to eliminate the phenomenon of anorgasmia, • improves the neuroendocrine balance, • increases immunity, • eliminates aggression, neuroses, psychopathy, depression, • normalizes sleep, • has a positive effect in diseases of the female reproductive organs: uterine fibroids,	

ovarian cysts, ovarian dysfunction, • helps to normalize blood pressure and heart function, • contributes to the normalization of weight, blood sugar and mineral metabolism in climacteric.
Main components
L-arginine Many people want to improve their sex lives and talk openly about the problems relating to it. Statistics show that only a quarter of the world's women have orgasms, and almost half do not experience sexual satisfaction. Orgasm - is not just a pleasure. It is known that regular orgasm prevents stagnation of blood in the pelvic organs, resulting in the reproductive system to normal. It is proved that women do not have orgasms, develop a huge number of diseases. For nearly a decade on the market presence of the product, and drugs that increase the potency. And more and more women are asked to release the product for them. The amino acid L-arginine - the source and the precursor of nitric oxide. This amino acid is necessary for normal functioning of the pituitary gland. The biological effect of L-arginine: detoxifying, anti-atherosclerotic, vasodilator, improves coronary blood circulation, improves the rheological properties of blood, promotes the preservation of muscle tissue, expressed immunomodulatory, lipotropic, regulates the level of glucose in the blood, contributing to orgasm for women, restores the structure of bone, restorative and healing wounds, stimulates the production of growth hormone, hepatoprotective. L-Arginine is also needed in the following situations: the need for raising the level of psycho-physical activity and endurance, delay in growth and development, diabetes, arthritis, bone fractures, sprains and tendon, a variety of injuries, rehabilitation after operations, immunodeficiency, AIDS, the need for improving sexual function and getting more pleasure from sexual intercourse for men and women, the prevention of cancer, and others. Wild yam Wild yam - herb for women's health. This herb has a really diverse healing properties. Dioscorea reduces blood cholesterol and retards deposition of lipids in the arteries and liver cells. Lowers blood pressure, reduces the frequency of angina attacks, improves coronary blood flow, relieves tachycardia, expanding peripheral vessels, improves vision (cataract), reduces headache, tinnitus. Dioscorea used in heart attack, stroke, cerebral atherosclerosis, rheumatoid arthritis. Grass successfully used in violation of the functions of the pituitary and hypothalamus, adrenal glands, ovaries, as well as to restore immunity. Wild yam contains special steroid-like substances - saponins. Scientists were able to identify one of them - diosgenin, a precursor of progesterone and cortisol. Dioscorea root extract promotes the production of DHEA (dehydroepiandrosterone) - pro-hormone (maternal hormone), on which the endocrine glands produce more than 20 different (primarily sexual) hormones. It is known that age-sex hormone production is significantly reduced. This condition dramatically affects not only the individual organs or systems, but also affects various biochemical and metabolic processes. Thus, for example, found a strong correlation of osteoporosis by reducing the levels of sex hormones. Experts also release a special form of obesity - hypogonadal obesity. Fading skin, as collagen breaks down,

develops degeneration of cartilage.

Numerous studies have shown that DHEA not only raises the energy level of the body, but also increases muscle mass, strengthens the immune system and slows down the aging process. In people with high levels of DHEA in the body, the cells oncotransformation virtually impossible. Therefore, maintaining a high level of DHEA is a reliable protection against cancer.

Particularly pronounced changes related to hormonal changes occur in women in menopause.

Immediately after the onset of menopause to the fore early symptoms of menopause: vasomotor (in the form of hot flushes, fever, increased sweating, palpitations, headaches, intolerance stuffiness) and psycho-emotional: irritability, anxiety, restlessness, inattention, decreased libido, and depression.

After 1-3 years after the onset of menopause begin to dominate peripheral disorders: Dermatological (dry skin, brittle nails, dry and hair loss, wrinkles) and urogenital (vaginal mucosa dryness, vaginal prolapse, pain during sexual intercourse, frequent and painful urination) .

By the late complications of menopause (5-10 years after menopause) include: the development of osteoporosis and cardiovascular disease. Of course, when using hormone replacement therapy (HRT) many of the symptoms disappear.

However, in determining the indications for use of HRT, there are differences. Some experts consider it necessary to prescribe HRT to all women for life, but most experts comes to this issue differentially. It should be noted that along with the indication for treatment of osteoporosis are estrogen mentioned vasomotor and trophic disorders, as well as the presence of coronary heart disease in women in menopause. Furthermore, estrogens are able to exert on bone anabolic activity.

At the present time it is not contested cardioselective effects of estrogen. Its mechanism is not clear, but it suggests that some of this is due to increased levels of high-density lipoprotein (HDL) cholesterol, reduced content of low density lipoprotein (LDL), which reduces the risk of atherosclerosis and coronary heart disease.

On the other hand, long-term estrogen therapy increases the risk of developing breast cancer and endometrial cancer. Some authors believe that this risk is increased only after 10 years of use of estrogen and its degree is low and is associated with increased mortality. Adding a progestogen (progesterone) to the estrogen drugs with 10-12 days of each cycle reduces the risk of cancer, but also can reduce the cardioselective action of estrogen.

In the appointment of HRT should be aware of the negative impact of estrogen on hemocoagulation (blood clotting), and biliary system. Therefore, HRT is contraindicated in women with thrombophlebitis, severe liver disease and a tendency to cholestasis (disturbance of the outflow of bile). HRT is not recommended for patients with severe forms of diabetes and hyperthyroidism.

But most doctors avoid prescribing HRT, and this is understandable, since the appointment of HRT requires a great deal of responsibility on the doctor. You must be weighed the benefits and contraindications considered in each case. Strict selection of individual drug.

Hormonal advisable to assign patients to actively cooperate with the doctor punctually and ready to fulfill all the recommendations. In the treatment of estrogen is necessary to monitor the state of the blood coagulation system, liver function, once every six months women should inspect and gynecologist once a year should be performed pelvic ultrasound and mammography.

Fortunately, the nature gives us the ability in some instances to do without hormones. This can help the natural phytoestrogens. It should be noted that, with the action progesteronopodobnym, Wild yam does not contain hormones and has long been used by Mexican women as contraception, as well as the threat of miscarriage. Modern midwives are increasingly faced with the problem of miscarriage, and in the early stages, most recently obtained data on the favorable impact on the development of Dioscorea yellow body and maintaining pregnancy. Western herbalists recommend taking Dioscorea in early toxicosis. Most Russian experts do not have such experience. Pay their attention to the fact that the active substances are not Dioscorea hormones, although providing a competitive effect on the appropriate receptor structure of the target.

Clinicians say that progesteronopodobny effect Dioscorea complex is comparable to HRT. In contrast to the use of HRT Dioscorea makes no adverse reactions. In addition, clinical and experimental data indicate that estrogens only stops removal of calcium from bone while play of progesterone and its accumulation.

Resveratrol

This phytoalexin, one of the major components of the extract of grape skins. Like all polyphenols, resveratrol - a powerful antioxidant activity which is superior to vitamin E. Resveratrol exhibits estrogenic activity by binding to the same receptors as estradiol, one of the main human estrogen. In contrast to estradiol and dietilstilbestrona that accelerate the development of a number of hormone-dependent tumors and the excess of which is associated with an increased risk of developing breast cancer, resveratrol exhibits multifaceted antitumor effect. Experiments show that it inhibits ribonucleotide reductase and inhibit DNA synthesis mammals by blocking directly tumor cell multiplication. Another mechanism of antitumor action of resveratrol is its competition with estradiol for binding sites on the receptor, which reduces the stimulating effect of estradiol on cell hormone dependent tumors. Like all the phytoestrogens, resveratrol may reduce the risk of osteoporosis, which is often caused by a drop in estrogen levels in women during menopause. The same beneficial effect of resveratrol on the skin by stimulating the synthesis of collagen and preventing it from cross-linking. This effect is explained by the combined antioxidant and estrogenic effects resveratrol. Experimental study received and cardioprotective properties of red wine. It was found that the grape juice and red wine making low density lipoproteins extremely resistant to oxidation under conditions in vitro. Since the oxidation of low density lipoproteins in the blood is a major cause of atherosclerosis, grape polyphenols to prevent such oxidation, should substantially reduce the risk of cardiovascular diseases. Resveratrol - a regulator of fat metabolism in the body. Atherosclerosis of blood vessels associated with the intake of fat food, their absorption in the gastrointestinal tract, the concentration of lipid (cholesterol and triglyceride) in blood plasma deposition and penetration of products of oxidation of lipoprotein (fat + protein) in the blood vessel wall, followed by adhesion of platelets and plaque formation. This leads to a narrowing of the lumen of blood vessels of the heart muscle, brain and other organs.

Yohimbe

Yohimbe - African tree of the family Rubiaceae (*Corynanthe yohimbe*). The basis of the preparations of Yohimbe bark extract. The alkaloid yohimbine is the active principle of the bark extract.

Yohimbine - a unique natural biostimulator, aphrodisiac. It helps restore potency in men suffering from sexual dysfunction. It relieves erectile dysfunction, including stress-related.

Yohimbine is a blocker and sympatholytic active. It activates the adrenergic neurons in the central nervous system, increasing the exchange of central noradrenaline. Effect of yohimbine on the central nervous system is expressed in the promotion of activities ganglia of the spinal cord that control erection, increased sexual activity, stimulation of spermatogenesis. Yohimbine is a rush of blood to the skin and mucous membrane in the area of the pelvic organs thereby improving erectile function. Normalizes stress-induced weakening of the ability to coitus.

Yohimbine promotes the development of their own sex hormone testosterone, has a mild antidiuretic action; It has a tonic effect. Improves performance and endurance in men, improves locomotor activity and reactivity.

Muira puama

Muira puama is traditionally used to restore libido and treat sexual disorders. Studies have shown positive changes in sexual sphere more than half of the respondents to a lack of libido and anorgasmia. To date, there is no clear understanding of the mechanisms of action of this plant. According to preliminary data, it has a positive effect on the psychological and physical aspects of sexual function.

Form release:

30 capsules of 0.34 g.

Production

Scientific and Production Center of Revitalization and Health

St. Petersburg University of Bioregulation and Gerontology